

# sarc 2023/2024 ANNUAL IMPACT REPORT



## OUR MISSION

The Sexual Assault Resource Center provides support and assistance to those affected by sexual violence in the Brazos Valley through 24-hour crisis services, advocacy, empowerment, prevention education and community collaboration.

## OUR VISION

Our vision is to see progress. Progress in prevention for healthy relationships, reduction of violence, collaboration of partnerships, and the overall healing of survivors. Sexual violence impacts the entire community and your help matters.

# OUR LEADERSHIP

As I make my way around SARC's 7-county region, listening to those I meet, I am assembling thoughts about existing and future services for Survivors of sexual assault in the Brazos Valley. Nobody knows better about the needs of each unique community than the people who live, work, and raise their families there. They are experts, and I rely heavily upon what I learn from them.

**SARC services are available all day, every day.** They are available to everyone who identifies as a victim/survivor, no matter when the incident(s) occurred. SARC staff and volunteers provide medical, legal, and law enforcement accompaniment when requested by a Survivor. SARC's licensed counselors are available Monday through Friday for both in-person and virtual individual sessions or group sessions.

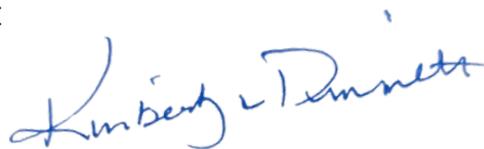
SARC's staff and volunteer advocates walk beside Survivors, supporting them with resources while advocating for them throughout their process.

In addition to Survivor services, SARC provides training and education for businesses, civic organizations, student groups, and others, as requested. We participate in community projects and collaborate with partner agencies, all to improve the culture of Survivors as they seek restoration in the future.

I want to leave you with a quote that has been impacting my life recently.

**There are times in our lives that speak to us louder than others, times that resonate within ourselves.**

Executive Director,  
Kim Dimmett



## OUR BOARD

Mike Reilly, Board President	Lieutenant Kevin Harris	Katherine Moore
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Ushnata Thapa - Bush Fellow		

# 498

## Survivors Served

**3,378** hours of counseling hours were clocked by SARC therapist during the 23/24 fiscal year.



# 115

## Hospital Accompaniments

*a trained advocate will accompany a survivor and/ or provide information, short term and long term, to empower survivors to make decisions and advocate for the survivor's decisions; comfort, support and guidance in regards to the processes of a medical options and/or a sexual assault nursing exam.*

# 399

## Survivors receiving advocacy services

*aiding survivors by helping them navigate medical and legal systems, ensuring survivor rights are respected, connecting with resources within SARC programs or community programs such as employment, housing, lease termination, child care, crime victim's compensations funding.*

# 246

## Survivors that received counseling services

*SARC provides weekly, one hour sessions and group sessions, free of charge to survivors of sexual assault or their loved ones to aid in understanding and validating the traumatic experience, how it effects their thoughts, feelings or behaviors. To develop healthy coping strategies to help them function within their daily life.*

# 21

## Survivors that received legal advocacy services

*This number includes civil and criminal court accompaniments, law enforcement accompaniments, SART case review, assistance with protective orders and CVC applications, and other legal assistance.*

# 632

## Survivors called the 24/7 Sexual Assault Crisis Hotline

*The number of calls received by the sexual assault crisis hotline. The hotline is available to survivors or their loved ones if they need support, answers to questions and guidance for services. The hotline is open 24/7 including weekends and holidays to those survivors or their loved ones in need.*

# 52

## Survivors joined the peer support program

*This number is the number of individuals that utilized our New peer support program. Within a 6 week program survivors learn what they can expect after undergoing a sexual assault trauma and coping skills to help them through their day as their healing journey begins.*

13 - 17	12
18 - 24	162
25 - 59	198
60+	11
Unknown/Data not collected	95

Female	334
Male	25
Transgender	5
Non-binary	1
Unknown/Data not collected	132

Brazos	277
Robertson	5
Grimes	17
Burleson	10
Washington	6
Madison	6
Leon	1
Other	14
Unknown/Data not collected	162

# OUR VOLUNTEERS

In the 23/24 fiscal year, we added **33** new volunteer advocates trained to support the hotline and support survivors through hospital and law enforcement accompaniments, and other support services.

SARC volunteer advocates committed more than **14,000** hours of service to our community and survivors.

Our staff and volunteers attended **161** education presentations, public events, TAMU organization chats, and local business events featuring SARC's mission and spreading awareness to reduce sexual violence.



## SARC VOLUNTEER ADVOCATE:



### JUAN LLERAS

Juan Lleras has been serving as a Volunteer Advocate since the summer of 2024. Since then, he has served over 430 hours supporting survivors through hospital accompaniments, hotline call shifts, and other outreach moments.

Juan started his journey with SARC with a quest to learn more about mental health. **“I learned so much more. I learned how big of a problem sexual violence actually is in our world.”**

Juan says that serving the survivors of our community is one of the most “human” things he has ever done. **“Getting someone water, a blanket, or resources that will help them at this lowest point, it’s all just so human.”**